



**5th Tradition, A New Way, Breaking the Cycle, But Do It, Clean & Serene,
Just For Today, Living Clean, No Matter What, Spiritual Principles, Straightline,
Stray Katz, Survivors, Traditional Recovery, We Do Recover**

UPCOMING EVENTS

CAVE IN

OCTOBER 4TH, 5TH & 6TH
ROBBERS CAVE STATE PARK
WILBURTON, OKLAHOMA

NO MATTER WHAT GROUP FALL FESTIVAL

OCTOBER 19TH 1:00-5pm
SPEAKER AMANDA D
2127 N MAIN MIAMI, OK

STRAY KATZ PREDECESSOR APPRECIATION DAY

OCTOBER 19TH 2:00-7pm
710 10th St Webb City, MO

DHOMA AREA SPEAKER JAM

SUNDAY OCTOBER 20TH 11AM-5PM
180 CLAREMONT DRIVE BRANSON, MO

5TH TRADITION HALLOWEEN BASH

SATURDAY OCTOBER 26TH
TIME/LOCATION: TBA

31ST SMRCNA

OCTOBER 25-27
415 W. MCCARTY JEFF CITY, MO

OZARK AREA'S ANNUAL CHILI COOK-OFF

NOVEMBER 9TH 4PM-???
HOMER COLE COMMUNITY CENTER
3003 N. JOPLIN PITTSBURG, KANSAS

SEPTEMBER

CLEAN TIME BIRTHDAYS

TIFFANY R 1 YEAR

CODY D 1 YEAR

AERIEL

MALEIGHA M 1 YEAR

DAVE B 1 YEAR

MANNY M 1 YEAR

SHANNON R 1 YEAR

MARTHA V 1 YEAR

MIKALA (KALA) 18 MOS

COURTNEY R 2 YEARS

ANDY E 3 YEARS

BECKY M 30 YEARS



The Heart of NA beats when two addicts share their recovery.

Basic Text "What is the Narcotics Anonymous Program?"

ozark area speaks... Why Did You Pick Your Sponsor?

Her wisdom and grace!! - Luann F.

When I moved, it was a recovery changing deal. Turned my recovery upside down. Long distance sponsorship wasn't working for me. I needed someone in my area, and I believe GOD put a man with only 5 years clean in my life. It was humbling asking him to be my sponsor because I thought I should be sponsoring him. I saw this guy half my age was living the program with applying spiritual principles in his life and some things that weren't so spiritual, and his honesty of his recovery attracted me. He had great knowledge of the basic text and used the literature to help others. It's working out very well.
- Ed H.

I felt bad for even going to my first meeting. Rufus wasn't my sponsor yet, but he made me feel welcome at my first meeting. Asked me if I wanted some coffee or a cookie. When they gave out keytags he said I should go get a white keytag. When I was told I should get a sponsor he was the first person I thought of.
- Michael F.

Well I Picked My Sponsor Because His Story Was Similar To Mines And He's Trustworthy, He Listens, He Answers Questions That I Don't Understand, He's Loving Caring And He's My Guide To Recovery And Helped Me To Work The 12 Steps Honestly and Thoughtly - Prevence B.

It was national sponsor day. I was getting a sponsor and the guy I was going toward was walking out and my sponsor stood up in front of me and I took my Higher powers direction at the moment. I didn't choose my sponsor. My HP did. -James W.

I choose my sponsor for her wisdom. She not only understands the addict in me, but my codependent side as well. We've attended meetings together and I've loved listening to her talk about the topic and then bring her current life into the topic. She not only knows the literature, but she's also vulnerable and open. She never judges me, but gently guides me into figuring out my own path while looking at the possibilities that could occur due to my decision making. I love her and respect her. She's also had significant clean time and a relapse followed by more significant clean time. All of this has allowed her to be a great mirror for me and to be able to relate to her on a deep level.
- Kelly H.

Why did I put my sponsor okay question hey knows where I'm coming from He's easy to talk to and we get along so well He's carrying person and he has a heart of gold - David M.



OZARK AREA "QR CODE"
links to our website!



SPONSORSHIP DAY

IS DECEMBER 1ST, 2024!

THANK YOU SANDY B. - ALT NEWLETTER CHAIR

TOPIC: WHAT DO YOU APPRECIATE ABOUT YOUR SPONSOR!

I asked addicts in recovery ... in person, via text, and at meeting level ... to give me a line or two answer to the question: "What do you appreciate about your sponsor?"

Here's what a few had to say ...

"I appreciate my sponsor most because of their honesty. They make common sense, and I can apply that to my recovery." ~ Maria M.

"I appreciate his honesty, and his talk and walk match; but most of all how he gives me suggestions, not demands" ~ Keith M.

"My favorite thing about my sponsor is her life's experience and how she shares it with me. I also appreciate her dedication to service and NA as a whole." ~ Raci K.

"I appreciate my sponsor's experience and empathy." ~ Kathi H.

"My journey and hers have been similar with regard to familial trauma and mental health issues. I appreciate that she can say what worked for her and what didn't." ~ Gale W.

"Besides being a true example of the basic text, my sponsor has been here for me through everything good and bad. She even stood by me through my prison time, and not only sponsors me, but also helps me to guide, lead, and be of service to my family. She is my Genie in a bottle." ~ Pam B.

"My sponsor is always real with me, always with profound experience, strength, and hope. No BS, but lots of love, too." ~ Sandy B.

MY GRATITUDE SPEAKS...
WHEN I CARE AND WHEN I SHARE
WITH OTHERS THE N.A. WAY!
KEEP COMING BACK!

Want to see something in the Ozark Area Newsletter? Email it to ozarkarea@gmail.com