OASC TREASURER REPORT

9/15/2024

Beginning Bank Balance					\$	8,718.23
Donations			fe o e			
5th Tradition (Joplin)	\$	-				
But Do it (Joplin)	\$	-	1 19.			
Breaking the Cycle (Nevada)	\$	14 - F		ty.	925	,
Clean and Serene (Galena)	\$	-				
Just for Today (Webb City)	\$	60.00				
Living Clean (Pittsburg)	\$	40.00			7	
No Matter What (Miami)	\$	20.00				
Spiritual Principles (Joplin)	\$		47 35 77			
Straight Line (Grove)	\$	20.00				
Stray Katz (Joplin)	\$	50.00				
Survivors (Joplin)	\$	20.00				
Traditional Recovery (El Dorado Springs)	\$	10.00				
We Do Recover (Joplin)	\$	22.00				
Funds from HOLP	\$	91.00				
Total Donations & Deposits:			\$	333.00		
Adju	ısted	Balance:			\$	9,051.23
Expenses:						
Freedom Voice			\$	31.88		
Total Expenses:			\$	31.88		
New Balance OASC:					\$	9,019.35

AASC TREASURER REPORT

9/15/2024

Beginning Bank Balance			\$	4,590.01
Deposits:				200 CH 100 PE
Total Deposits:	\$	-	re-tr	
Adjusted Ba	lance:		\$	4,590.01
Expenses:				
Check 1045 Roaring River Bunk houses	\$	135.00		
Check 1046 OASC	\$	90.00		
Total Expenses:	\$	225.00		
New Balance AASC:	1.064		\$	4,365.01

J soft Dermos Phivol Lat NO2, 11AMP @ ADAA 29450 0+ 11 auds Athom TXM moster you would like to soo hatted AN Mto 20 2 Choosed , TAX Sursod, sig of year man wey ZI · Yoursonsons to small Mt HI'W this book to bread Theis. Humanth. Eight put together A BARD BUNENER OF Chair SAMBY B! WE WAR DOALLY who such the now have an ALT nums what of Septing As newslatter chark. In excuted timber ux sulus au I Assa signes ou letter

Hello Ozack Area my Name is Jacob an Addict Serving as Hat Chairperson. We are Currently Going into 5 facilities hosting around 21 panels a month. We will be Oct 5th Ipm right here at House Flyers are made & Available to take back to your home Groups, Also we have a \$180 donation that will be Given to Ammee this week by Ginette G. In Loving Service Jacob C. I'm Jimmir I addicy

Serving as aasc Chair

we got the Chill cookoff all

ready with sand B as the greaker

because no will not be in fown on

Novg we talk a bit about

The New Year a event we

still looking for a vice Chair

For the Commet 2 Year Glean

Thank for Letting Me serve Simmic W

2001-25-24 Poblic Relations Hello Ozak ASC, The Helplins and Website are still in the process of being a transferred to Regional Services. Our Helpline received & calls with one transfer to a volunteer. Shortset report Ever!! Grotefol in Service, derena of *Merting schedoler are located on the ledge

Nevada Breaking the Cycle N.A. group

inter has been averaging 7-8 meanless
a meeting still having 2 meeting a

Work on Monday and Friday at 7 pm.

having our meetings at the Nevada Aland club

Pl s. pinest Average donations has been \$7 a

meeting

Hello Ozark Area! My NAME is Caystool C Serving as GSIR for Just For today Group We meet Thursday Nights At 24006 Hung 171 6:30 Web City Mo We have Harraw celebrating 7:30 y yr, Areal L I yr, Amae A. with Syr. Tiffing M. NAS 2 yrs Dave 6 with I yr, And Maleigh a with Lyr, We have A FAIL Festival Oct. 12th John Bowlise Speaker Hot Cholate Bar & Snores.
Dring A Chair And A New Cone.
2276 W. Fowetan Rd. We have a GOT donation In Loving Service Cupstal C.

But Do It meets ut 6:30 every Wed at 4/4 Vigenia in Joplin. The and Wed were rand from hiving Clean. The Brant purch is withday might. This worth Mayla will elevrate 18 marked & I will elebrate 30 years. Wy try hours of \$14 detreation

Jul 5 Mentry 323

Holler Ogard area! 4-72-302 4 On meeting ar ding well. Us have 25-30 people must every neeting. We meet on freeday, I reshall af 6:30. We are looking conto ronling finding a place for on Hallowean Buch, Was well be revoled. Making 9 25.00 dendin. In Dring Sevin

Spiritual Principles Hello Ozork area, In Joe C. an addict serving as GSR for Spiritual Principles group We Meet every Scholory at 9:30 am at 1800 e 30th St Joplin Mo 64804. We Average 38 attendees per meeting, this is No change from last month. We corrently have No events planned. # 4/87. Still not at prudent reserve Bought literature to refill racks.

> In Grateful Service Soe C. 816 977 1605 Soullessone 2@ gmail. Lon

Hello Ozark area I'm a addict named Faul & CSR for Living Clean We meet Monday Tues Wed Sat @ 3111 N Michigan St. @ The Oak Center... Meetings Start @ 630 pm Mon : Candle light meeting Dissersion Trus - Open Meeting Wed : Book Study - Basic Text Sat - open Meeting - Dissension Thursday Friday an Sunday @ 3003 V joplin St @ Homes Cole-Meetings Start @ 630pm Thurs Topen dissoussion Fri open Sur open We have 10-30 people at our Meetings The last friday of the month is our birthday night

We have a #40 donation for area Lin loving Service The the We Want to thank everyone that showed up for our fish fry !! 9-22-24

My name is Albert

I am an addict serving
as gsk tor no matter what
we meet on Ivestays an

Odicts attend we need

tonations for raptle
and have atto Donation

This month in loving
service Albert B.

Hello Ozark Area, 9/22/23 In an addict named

Jennifer Servine sous we meet

A 1600 W. Har ger Pd. in Grove,

OK: We next on the kollowing.

Anys 3 times: Mondays - gam, 1pm Friday - 7pm We are weraging with iddice

per metring. We celebrate

pinham on last Friday of

the month, 3 we have of the

birtham in September.

We have a \$ 5 donation In loving service, Timmiter Mi. Straightline 15th Birthday
celebration on 117 124
at Crossnived Consoy Church in
Grove. Bontine, spencer, food 3 fun Sp-10pm

• Hello Oyark Area. My name is Juray Servicing as 6.5R for Survivores Gross. We meet at \$01 S. Pennsylvania, Joplin Mo. on Mon, Jues, and Sat at Noon and Friday nights at le30. This month we have a 20.00 donation. Thenk you for letting me be of survice. TERRY \$1. 9-22-24

Itello My name is Aturn 31. and I am the astant HSA for Strong Laty in Well Lity Dur location is at 10th and Disnega 32 hove mostings or Statusburg at 6 PK, with the attendance of 40 to 45 people, and book studys on mondays at 6 PM with the rethindarine of 15 to Depende Al have 3 Duthdown this month, and with one year, Jarry F. with Hyrs, and John Loving with one year of something in Loving at the Teams, Thank the System Attract Has a Predecessa Event ment month on the 19th from 2-7 ?

Hello Ozark Area, my name is Kayla, I'm serving as GSR for Traditional Recovery of El Dorado Springs, located at 300 S. Main. We meet on Sunday and Wednesday at 7 pm; Sunday is an open meeting and Wednesday is a closed meeting that alternates from book study to candle light meeting. We average 10 to 15 addicts each meeting, with the message being carried. This month Nikki celebrated 1 yr clean. We have a speaker once a month, this month Crystal C. of Joplin will speak on Sunday the 29th at 7 pm. We have a \$10.00 donation today. Thank you for letting me be of service.

Layla Woods (417) 296-4538

Kaylancarpenter 2002 @ gmail. com

We Do Recover GSR Report 9-22

Hello OZark Area

My name is Ryan X. Johnson

GISR for We Do Recover group

We hold 15 meetings a week at 829 mainst, in Joplin. The 2nd Friday of the Month is B-day night.

We Donot have any Donation at this time.

Birthdays &

this month

Tiffany R 3yr

Cody D lyr

Maleigha M lyr

Dave B. My

Andy E. 3yrs

Acricl Lxr

manny m. 14r

Shannon R lyr

martha V lyn

Mikala 18mon

BURYM 30 XX

Courtney R 240

Ozark Area Motion

Date: 9/21/24 **Motion #**: 20240921-2

Name: Adhoc Committee Area or Office:

The motion reads as follows:

To change current guidelines which states:

6.1 (2) Interim Elections: Nominations may be closed, and candidate(s) voted on at the same meeting provided the Groups have had at least one monthly ASC cycle to view a resume and discuss the candidate(s) qualifications.

To now say the following:

<u>6.1 (2) Interim Elections:</u> In the event that a vote of confidence is not reached for any given election or position, the position will remain open until a new nomination is made and approved. Nominations may be closed, and candidate(s) voted on at the same meeting provided the Groups have had at least one monthly ASC cycle to view a resume and discuss the candidate(s) qualifications.

Intent:

To ensure guidelines reflect course of action should vote of confidence not be met.

Action:	Yes _	No _		_ Abstain		
PA	SSED	FAILED	TABLED	AMMENDED		

Ozark Area Motion

Date: 9/21/24 **Motion #**: 20240921-1

Name: Adhoc Committee Area or Office:

The motion reads as follows:

To change current guidelines which states;

Prudent Reserve shall be evaluated annually and adjusted to reflect the ASC's current service obligations and shall be no more than 100% of approved Administrative and Subcommittee budgets.

To now say the following:

Prudent Reserve will be discussed and set for the upcoming year in New Business of each annual November DASC meeting. Prudent Reserve will be calculated by including the total amounts for any "hard line" budget items (hard line budget items are defined as any DASC expense that is paid on an annual basis and must be paid in its entirety on a given date. I.E. the DASC P.D. Box, Website, Phone Line, etc.) as well as the combined 6-month total of all approved yearly administrative and sub-committee budgets.

Intent:

To add clarification to current guidelines to ensure we are following our traditions by honoring our financial obligations, continually carrying out our primary purpose, as well as ensuring we are passing the proper amounts up our service structure to support other aspects of future and ongoing Regional and World NA business.

Action: Yes		No		_ Abstain		
PA	SSED	FAILED	TABLED	AMMENDED		

Ozark Area Motion

Date: 9/21/24 **Motion #**: 20240921-3

Name: Adhoc Committee Area or Office:

The motion reads as follows:

To change current guidelines which states:

6.1 (1) Scheduled Elections:

- A. The Vice-Chair and Alternate Treasurer shall be elected in the month of October to serve through the following October (per term length) meeting of the ASC. Upon completion of those service terms, Vice Chair and Alternate Treasurer, will then assume ASC Chair and ASC Treasurer service positions, if approved with a vote of confidence by the ASC body at beginning of new business.
- B. The RCM-Alternate and Alternate Secretary shall be elected in the month of May to serve through the following May (per term length) meeting of the ASC. Upon completion of those service terms, RCMA and Alternate Secretary will then assume RCM and Secretary service positions, if approved with a vote of confidence by the ASC body at beginning of new business.
- C. Sub-Committees will submit to the ASC their Vice Chair nominee resumes in September for group conscience vote to be tallied at the October ASC and will assume position at start of new business. Unless waived by a 2/3 vote of the ASC, nominees must have 2 years of continuous clean time. Upon completion of those service terms, Vice Chairs, will then assume Chair service position, if approved with a vote of confidence by the ASC body at beginning of new business.

To now say the following:

6.1 (1) Scheduled Elections:

A. The Vice-Chair, Alternate Treasurer, RCMA, Alternate Secretary as well as all subcommittee vice chairs shall have nominations submitted to the OASC no later than the month of July. These nominations will go back to the home groups and voted on prior to the August OASC meeting and trusted servants will move into positions at the start of new business at the September OASC meeting. Those terms will serve through to the end of old business the following September (per term lengths)

- B. Upon completion of those service terms trusted servants will then assume Chair, Treasurer, RCM, Secretary and subcommittee chair positions, if approved with a vote of confidence by the OASC body at the beginning of new business at the September OASC meeting.
- C. For all subcommittees, unless waived by a 2/3 vote of the ASC, nominees must have 2 years of continuous clean time.

Intent:

To make it easier to keep track of when elections should be happening and keep positions filled with the spirit of rotation on a consistent basis.

Action:	Yes	No _		Abstain			
PA	SSED	FAILED	TABLED	AMMENDED			

SOZARK AREA'S ANNUAL

CHILI COOK-OFF

11.09.2024

BRING THE HEAT!

Starts at 4:00

Sandy B.

RAFFLE 50/50

PLEASE BRING RAFFLE ITEMS Speaker: Pittsburg, KS

Homer Cole Community Center 3003 N. Joplin St. Pittsburg, KS

\$3
PERSON/
\$5 COUPLE
no addict
Turned away

CHILI CONTEST

\$5 TO ENTER THE CONTEST FREE ENTRY TO THE FUNCTION IF YOU BRING A POT OF CHILI

1ST PLACE WINNER: HALF THE **\$\$\$** AND A FREE REGISTRATION TO **HIGH ON LIFE PICNIC!**

PRIZES FOR 2ND AND 3RD PLACES!!!

CONTACT INFO: JIMMIE W 417-321-4676



Fall FESTIVAL

OCTOBER 12, 2024 6PM

BONFIRE, SPEAKER & HOT CHOCOLATE

BAR & S'MORES

BRING A CHAIR AND A NEWCOMER

2276 W Fountain Road

Joplin MO 64801



Ozark Area NA Bulletin

SEPTEMBER 2024

The Ozark Area Newsletter

www.ozarkasc.com

na.org

24 Hour Helpline 1-888-359-3339

5th Tradition, A New Way, Breaking the Cycle, But Do It, Clean & Serene,
Just For Today, Living Clean, No Matter What, Spiritual Principles, Straightline,
Stray Katz, Survivors, Traditional Recovery, We Do Recover

UPCOMING EVENTS CAVE IN

OCTOBER 4TH, 5TH & 6TH ROBBERS CAVE STATE PARK WILBURTON, OKLAHOMA

NO MATTER WHAT GROUP FALL FESTIVAL

OCTOBER 19TH 1:00-5pm SPEAKER AMANDA D 2127 N MAIN MIAMI, OK

STRAY KATZ PREDECESSOR APPRECIATION DAY

OCTOBER 19TH 2:00-7pm 710 10th St Webb City, MO

DHOMA AREA SPEAKER JAM

SUNDAY OCTOBER 20TH 11AM-5PM 180 CLAREMONT DRIVE BRANSON, MO

5TH TRADITION HALLOWEEN BASH

SATURDAY OCTOBER 26TH TIME/LOCATION: TBA

31ST SMRCNA

OCTOBER 25-27 415 W. MCCARTY JEFF CITY, MO

OZARK AREA'S ANNUAL

CHILI COOK-OFF

NOVEMBER 9TH 4PM-??? HOMER COLE COMMUNITY CENTER 3003 N. JOPLIN PITTSBURG, KANSAS

SEPTEMBER CLEAN TIME BIRTHDAYS

TIFFANY R 1 YEAR

CODY D 1 YEAR

AERIEL

MALEIGHA M 1 YEAR

DAVE B 1 YEAR

MANNY M 1 YEAR

SHANNON R 1 YEAR

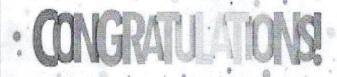
MARTHA V 1 YEAR

MIKALA (KALA) 18 MOS

COURTNEY R 2 YEARS

ANDY E 3 YEARS

BECKY M 30 YEARS



The Heart of NA beats when two addicts share their recovery.

Basic Text "What is the Narcotics Anonymous Program?"

OZATK Area Speaks... Why Did You Pick Your Sponsor?

Her wisdom and grace!! - Luann F.

When I moved, it was a recovery changing deal. Turned my recovery upside down. Long distance sponsorship wasn't working for me. I needed someone in my area, and I believe GOD put a man with only 5 years clean in my life. It was humbling asking him to be my sponsor because I thought I should be sponsoring him. I saw this guy half my age was living the program with applying spiritual principles in his life and some things that weren't so spiritual, and his honesty of his recovery attracted me. He had great knowledge of the basic text and used the literature to help others. It's working out very well. - Ed H.

I felt bad for even going to my first meeting. Rufus wasn't my sponsor yet, but he made me feel welcome at my first meeting. Asked me if I wanted some coffee or a cookie. When they gave out keytags he said I should go get a white keytag. When I was told I should get a sponsor he was the first person I thought of. - Michael F.

Well I Picked My Sponsor Because His Story Was Similar To Mines And He's Trustworthy, He Listens, He Answers Questions That I Don't Understand, He's Loving Caring And He's My Quide To Recovery And Helped Me To Work The 12 Steps Honestly and Thoughly - Prevance B. It was national sponsor day. I was getting a sponsor and the guy I was going toward was walking out and my sponsor stood up in front of me and I took my Higher powers direction at the moment. I didn't choose my sponsor. My HP did. -James W.

I choose my sponsor for her wisdom. She not only understands the addict in me, but my codependent side as well. We've attended meetings together and I've loved listening to her talk about the topic and then bring her current life into the topic. She not only knows the literature, but she's also vulnerable and open. She never judges me, but gently guides me into figuring out my own path while looking at the possibilities that could occur due to my decision making. I love her and respect her. She's also had significant clean time and a relapse followed by more significant clean time. All of this has allowed her to be a great mirror for me and to be able to relate to her on a deep level. - Kelly H.

Why did I put my sponsor okay question hey knows where I'm coming from He's easy to talk to and we get along so well He's carrying person and he has a heart of gold - David M.



OZARK AREA "QR CODE" links to our website!



OZARK AREA WEBSITE: www.ozarkasc.com

TOLL FREE HELPLINE: 888-359-3339

SPONSORSHIP DAY IS DECEMBER 1ST, 2024!

THANK YOU SANDY B. - ALT NEWLETTER CHAIR

TOPIC: WHAT DO YOU APPRECIATE ABOUT YOUR SPONSOR!

I asked addicts in recovery ... in person, via text, and at meeting level ... to give me a line or two answer to the question: "What do you appreciate about your sponsor?"

Here's what a few had to say ...

- "I appreciate my sponsor most because of their honesty. They make common sense, and I can apply that to my recovery." \sim Maria M.
- "I appreciate his honesty, and his talk and walk match; but most of all how he gives me suggestions, not demands" ~ Keith M.
- "My favorite thing about my sponsor is her life's experience and how she shares it with me. I also appreciate her dedication to service and NA as a whole." \sim Raci K.
- "I appreciate my sponsor's experience and empathy." ~ Kathi H.
- "My journey and hers have been similar with regard to familial trauma and mental health issues. I appreciate that she can say what worked for her and what didn't." ~ Gale W.
- "Besides being a true example of the basic text, my sponsor has been here for me through everything good and bad. She even stood by me through my prison time, and not only sponsors me, but also helps me to guide, lead, and be of service to my family. She is my Genie in a bottle." ~ Pam B.
- "My sponsor is always real with me, alway with profound experience, strength, and hope. No BS, but lots of love, too." \sim Sandy B.

MY GRATITUDE SPEAKS... WHEN I CARE AND WHEN I SHARE WITH OTHERS THE N.A. WAY! KEEP COMING BACK!

Want to see something in the Ozark Area Newsletter? Email it to ozarkarea@gmail.com

12 steps of NA

G S 0 A R S B Y В S 0 T E D Z G Z S M D G 0 D T T M A Χ Y S P R T K E G Z E W A W N L N S C S E P R P R 0 E R Y K X S C C H R A C T E R D E E C S U R A E E S 0 K R 0 N V E T 0 R Y Y T S E N 0 H Q D H D S S Z T R R Z D D Q W H G Ε P T T T S Т C 0 R N R Y R ٧ K X 1 D D 0 A S E E E C T P E C C A 0 G P 0 Y Y Q N S S G S P D E G G T S Z Z E N X W E C T G G T C J W F 0 0 K N K G X R E E Y 0 F C E Y N M W W A A K M Q X S D R Y R B D R M S E H В Q U A X Q 0 S S D K D H R P E U W U U 0 Y K F E A A R D F D E E R 0 X L W U V U K В M E Q X P W F S S S D P E B В G G Υ T K E E D M Q G R H 0 E R E S S T T E C W A В H ٧ E S 0 K C D D 0 C Y Q X X Z N R 0 0 T T 0 Y N W G S W N E W A M S ٧ Т K T U T T Z X E Z Z U G Q G C E Z Y D Y M U A M M S X S E D K C R X R E N M A W D N Н N R Q M C W H U D H D T Y E X B N N ٧ W U R R D S E E T S E E T G 0 W В M A B 0 T C X В C M A

admitted we were powerless spiritual awakening admitted to god twelve steps principles surrender humility honesty

hope

take personal inventory character defects came to believe unmanageable acceptance powerless addicts amends god restore us to sanity carry the message just for today Traditions step work recovery sponsor unity

OZATK Area Speaks... Why Did You Pick Your Sponsor?

I picked my sponsor because she is spiritual, but not in the traditional sense. She is hilarious and I feel like I can truly be myself with her. And she loves me unconditionally and fully. - Ali C.

I needed a no-nonsense person who didn't co-sign my BS. Lol - Ryan XJ

He has qualities that I'd like to have. Optimism, compassion, peace, and a strong relationship with his HP are just a few. I also saw that he consistently practiced spiritual principles daily.

- Matt L.

The one I have now I picked because she felt like a loving mom who understands and I thought she worked the steps with me but our schedule never worked out so I have been praying about it and hopefully I can make a connection with someone who can do that with me - Mindy F.

I generally pick sponsors based on how they "appear" to live their life. Is it with integrity? Do they walk what they talk. My perception can change with time and familiarity, then it's up to me to examine the relationship, my expectations, my understanding of the truth. It could all be in my head - Colin F.

She seemed to be completely at peace, no matter what she was going through at the time. I could relate to a lot of her story, as well. And she had 37 years clean and that was awe-inspiring to me Jennifer M.

I needed to make amends and honestly the timing couldn't of been more perfect! Because she was the person I needed to make an amends to and she was the only female who raised her hand that night at my first meeting clean. - Brittney W.

Simple. I admired his spiritual connection with his higher power and the love he has for the program. - Mikey M.

The same reason I've picked every sponsor. They have something I needed in my recovery. - Dan H.

She actually was a mutual friend of mine and a man who was like my uncle (knew him since I was He actually told me to get connected with her, and for some reason I was being pulled in the direction to her the night I asked her. Funny thing is, I didn't even realize she was the lady he was talking about till after. - Ivy C.

I met my sponsor a months before I got clean and she never once judged me. She wanted to help and be a friend. A month after I got clean and been talking with her at meetings and going to lunches with her. we built a really strong bond through connecting with the similarity in the story we both had. - Becca S.

I picked my sponsor because he had what I wanted to have. He was kind and courte-ous and I could tell that he was all in on his recovery. I felt like he really had his act together and was experiencing joy along the way. - Olen S.

I picked my sponsor because he was doing the things I know I wanted in life staying clean, running his own business and riding motorcycles. I also knew that I had to have a sponsor because without one this program wouldn't work for me. - James C.

I picked my sponsor because I wanted what he had. He was happy, successful, and had many years clean at the time. I knew my sponsor from before he got clean and I could definitely see that the program had worked for him. If it could work for him then I knew it would work for me. - Michael T.

OZARK AREA 24 HOUR HELPLINE 1-888-359-3339 · NEVER ALONE, NEVER AGAIN

OZATK Area Speaks... Why Did You Pick Your Sponsor?

I picked my sponsor because she had what I wanted. She had fun in recovery. She was fiery, direct, a little imtimidating and honest in her approach to recovery. She loves to laugh and has empathy for others. She takes the good with the bad and still stays clean. She has strength and isn't afraid to tell me what I don't want to hear. - Tabitha W.

I picked my sponsor because I seen how kind he was to others and I knew he worked the steps and had a sponsor so I asked him. - Bearek F.

Because he carried the strongest message, that struck the deepest chords in me, that made me feel like working these spiritual principles & steps in my life, was ACTUALLY possible. And BE JOYFUL DOING IT. - Jody S.

I picked him for his devotion to NA. He is so involved and works and lives the program. When I see it I am drawn to it. He stays busy throughout the day and always answers his phone. He has helped me work all 12 steps and is an asset in my life. - Tommy E.

I picked my sponsor after a grueling interview process in which I asked her several questions about how she sponsors women. I actually asked several women the same questions and I liked her answers the most. My previous sponsor assisted in the hiring process of picking my current sponsor. Hahaha Ultimately I chose her after sitting on her front steps talking about life and I realized I felt connected to this person and I went with my gut. It's almost been 2 years now. I'm grateful for the one I got. Shout out G! P.S. we almost broke up once because I'm an asshole, for the record. - Shelby P.

I met my sponsor while I was in active addiction and I knew he wouldn't make it easy on me. He had some deep seated resentments. That I had earned, I respected the friendships that he had, including with his Sponsees and his wife, and I wanted theses things.

Hopefully not breaking anonymity, I asked rather chose Jeff Black. I've known him for going on close to 10 years he was my house manager at Rogers for eight months. He walks the walk and talks the talk. I see him living the Narcotics Anonymous way. I know a lot of his story. And he will soon know all of mine. And of course I love the dude! - Doc D

I picked my sponsor because she said things like "me too" when I told her some of the things that I went through in my relapse. She had also had some recovery time followed by a relapse and had come back. She became my sponsor 1/13/10. I didn't fully surrender until 6/2/10 but she stuck with me and is still my sponsor today. - Wendy D.

I picked him because he had the serenity and peace that I wanted to attain in my life and we built the relationship based on that and we continue to grow til this day. -

I chose my sponsor because he was a perfect balance of love and tough love. He saw right through my excuses and called me out when I was messing up. The whole "take it easy" approach had never worked for me, and he definitely doesn't sugarcoat anything. He tells me what I need to hear, even if it's not what I want to hear. And honestly, that's what I need as I can often be hard headed. - Linn R.

My Gratitude Speaks...

Want to see something in the Ozark Area Newsletter? Email it to ozarkarea@gmail.com

OZATK Area Speaks... Why Did You Pick Your Sponsor?

The reason I chose my sponsor is she never gossiped, I trusted her. - Debbie S.

I pick my sponsor Kyle Bankson for a really good reason. Because he truly has a heart of gold. And he is big on staying clean. God has definitely blessed me with him and i definitely enjoy working the steps with him. - Joseph D.

I respect my sponsor, because her actions match her words. She is a good guide through the program because she activly works it. She has Active recovery. Shauna C.

I picked my sponsor because of the things he said around the tables. And I watched his actions outside of meetings in the way he interacted with people. And saw that it matched closely with what he said, And decided he had the character that I wanted the pattern mine after. He had a peace and calm about him that I want it to achieve. And in talking to him Absolutely. Been learning how to get that stillness of mind. And I can talk with this man about anything. Rob T.

To me, a sponsor is a guide through the steps, as well as someone whose character I want to emulate. People say in meetings, if you want what we have, do what we do. The sponsor I have today is financially responsible, he's respectful and caring and has established boundaries that he rarely compromises. He has played major roles in OASC, as well as H&I, which are important to me as well. I think the biggest reason I chose him is because, I admired his honesty and wisdom of Narcotics Anonymous. He's never shy'd away from his past, and has always used it as a testimony of the incredible power that Narcotics Anonymous plays in our recovery, and our lives. - Cory F.

I picked my sponsor for several reasons. He has multiple years of recovery, his passion and willingness to help others. When he shares his ESH, I can identify with it and he explains the NA program in simple terms so it is easy for me to understand. He consistently attends meetings and he has a sponsor. In my opinion he works the program in all areas of his life. - Keith C.

I picked my sponsor because I didn't feel ashamed of my relapses when talking to him. He's out of town and I didnt know alot about him like I did most of the men I considered asking locally. I needed a fresh start and after keeping my eyes, ears and feelers open, I saw him at pig roast and I just knew he was the one. Recovery speaks for itself. Is he perfect, no. But there is a peace and stability to him. He has the ability to help me remember how to keep it simple and see things from a different perspective. After I've drove myself a little crazy first and reach out to him or course. - Tony N.

Thank you to everyone that showed up and showed out on this month's topic! In loving service...Rufus P

NA speaks... Heard on a speaker tape....

The most useless thing is to worry.
The worst thing to be without is hope.
The deadliest weapon is the tounge.
The two most powerful words... we can.
Out greatest asset is faith.

The most worthless emotion is self-pity.

Our most prized possession is integrity.

The most beautiful attire is a smile.

The most powerful channel of communication is prayer.

Our most contagious spiritual principle is willingness.

The most effective way to share is a hug.

Our greatest joy is giving.

Our greatest loss is self respect.

Our most satisfying work is helping others.

The ugliest trait is selfishness.

Our most endangered species, trusted servants.

Our greatest natural resource is newcomers.

Our greatest shot in the arm is sponsorship.

Our greatest problem to overcome is fear.

Our most crippling failures are excuses.

Our most powerful force in the world is love.

The most dangerous weapon is gossip.

The most importment thing in life is God Cynthia W.

OZARK AREA now has our own QR CODE that links to our website!



If YOU would like to submit a poem, artwork or other NA related item please email it to: ozarkarea@gmail.com

OZARK AREA WEBSITE: www.ozarkasc.com

TOLL FREE HELPLINE: 888-359-3339